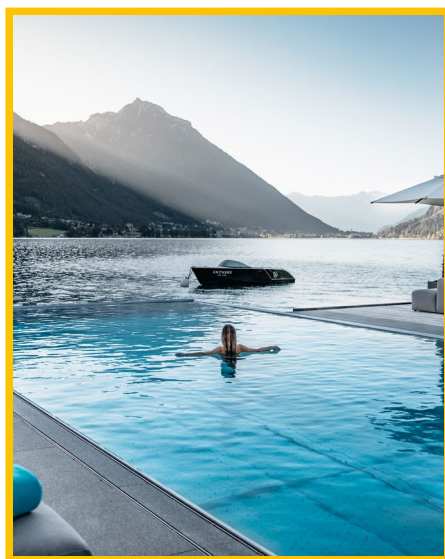


MY
WELLBEING
AT THE LAKE

WHERE
HAPPINESS
IS AT
HOME.



ENTNERS
SPA

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Escape to the Entners See Spa

Glide over the lake in the year-round heated infinity pool or enjoy the unique mountain panorama in the lake sauna. Located directly at the Achensee, nature is tangible and you can feel the tranquility. Just relax and let your thoughts wander. This is where nature and people are in harmony and where relaxation and inspiration awaits you. Our lake spa is not only the perfect place to pamper yourself, but it is the moments that make this a feel-good experience at the Achensee. It's out of the ordinary. Unique. Magical.

- Heated infinity pool in the lake (33 degrees, heated all year round)
- Lake sauna with panoramic views (90 °, textile)

OUTDOOR
SPA



Come to life in the Entners Living Spa

INDOOR
SPA

Let go and enjoy the variety for the whole family, as a couple or all by yourself. Everyone will find their favorite happy place in the Entners Living Spa on our three wellbeing levels.

- 1 — Pool Area: The Aqua Zone in the Entners am See comes with a large swimming pool (30 °), a small warm water pool (33 °) and a family sauna (60 °, textile). Our pool area combines a refreshing bathing and relaxation experience for the whole family.
- 2 — Sauna & Body: In a relaxed atmosphere on the upper floor, adults enjoy all the advantages of an extraordinary adults-only retreat. An open fireplace invites you to linger, the organic sauna with soothing herbs, the finnish sauna or the aroma steam bath relax mind and body. Enjoy one of the countless spa treatments or a moment in the silent room. These areas are perfect for recovering and recharging your batteries.
- 3 — Roof Terrace: The highlight of the Entners Living Spa. Here, the view over the lake and nature is delightful and feels very close. It's where the spa day begins in style or ends with a refreshing drink, while the sun goes down. Between mountains and lake. High up. And yet grounded.

- Swimming pool (30°)
- Hot water pool (33°)
- Family Sauna in the pool area (60°, textile)
- Silent Room
- Finnish Sauna (90°)
- Bio Sauna (60°)
- Aroma steam bath

MY RELAXATION AT THE LAKE

Let yourself go. Regain strength. Enjoy sensitivity and expertise in every treatment and selected active ingredients in every application. Entners Wellbeing is much more than a spa. It's a way of life. In the wellness worlds by the lake you will find your personal favorite spot. Let yourself be inspired by our extensive range.



REBALANCE

Find rest.
See the essentials.
Let yourself drift.
Find new perspectives and your own center.
Relax more with every breath.



INSPIRE

Enjoyment with all your senses.
Feel the recovery.
Do yourself some good.
Recalibrate and find joy in the little things.



ACTIVATE

Stimulate. Get going.
Feel active.
Lightness and freshness invigorate mind and body.
New things are waiting around the corner.

Entners Face Spa Facial Treatments

Your needs take centre stage - especially with our facial treatments. That's why we tailor our treatments to your individual needs - based on a skin analysis and expert advice.

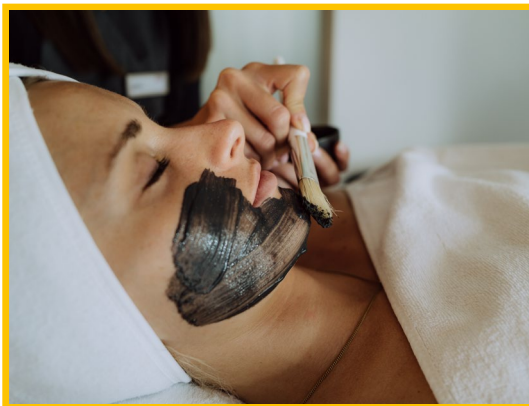
HOW IT WORKS:

Based on your current skin condition and the desired result, our beauticians will put together a customised treatment for you. Your wishes and the expertise of our beauticians are the perfect combination for a unique experience!

Treat your face Feel the relaxation

Experience intensive care and state-of-the-art techniques in our face spa that will make your skin glow. Our facial treatments not only offer a relaxing break, but also targeted care for your skin needs. From cleansing to care, every step is carefully tailored to your individual needs to give you the perfect glow.

In our Face Spa, your skin takes centre stage. Immerse yourself in a world of relaxation and beauty, where every touch and every step is designed to revitalise and pamper your skin. Treat yourself to the best for your skin with our carefully selected organic cosmetic products and experience how our facial treatments bring out your natural beauty.



REBALANCE



INSPIRE



ACTIVATE

HYDRO BOOST 25 min € 65,-

Moisturising & glowy. Starting with a gentle exfoliation that refreshes the skin and makes it receptive, a mask is then applied to intensively moisturise your skin. Finally, a customised ampoule treatment is used, which is specially tailored to your skin type and pampers the skin with valuable nutrients.

FACE RELEASE 35 min € 75,-

Energising & relaxing. Applied yoga for the face for deep relaxation and care. Feel-good treatment with a lasting effect for a new radiance. Face yoga elements and warming massage tools ensure maximum relaxation.

MAGIC TOUCH 50 min € 95,-

Deeply effective & revitalising. Maximum skin care and touch experience with a wow effect. Special extras are the hydro fleece mask, massage with rose quartz roller and obsidian beauty key, which will make your skin glow.

HAPPY BROWS 15 min € 25,-

Through precise plucking and shaping, your eyebrows are carefully designed to optimally emphasise your facial features. In addition to shaping, the eyebrows are coloured in the desired shade to give them more definition and expressiveness.

Entners Body Cult Spa Treatments

Your needs take centre stage - especially with our body treatments. That's why we customise our massages to suit you - based on an assessment of your needs and expert advice.

HOW IT WORKS:

YOU choose your preferred treatment time and one of the following three massage themes: Traditional, Deep Release or Sensational Wellbeing. WE design your personalised wellbeing experience. Your wishes and the expertise of our masseurs are a perfect match for a unique experience!



REBALANCE



INSPIRE

Family Massages

MOMMY TO BE MOMENT 80 min €135,-

- Foot bath & foot reflexology massage
- Manual body lymphatic drainage with neck & head massage

KIDS:

FAIRY MESSAGE 25 min €45,-

With gentle movements and sensitive massage techniques, we create an atmosphere of security and relaxation that your child will love. Our experienced therapists understand the needs of young minds and hearts and adapt the massage accordingly. Let your child immerse themselves in the magic of the elves and feel stress and tension dissolve into thin air.

CHOCOLATE MESSAGE 25 min €45,-

This special treatment not only pampers the body, but also the senses, while your child is immersed in a world of sweet relaxation. With gentle and soothing movements, a rich chocolate cream is massaged into the skin, which not only relaxes but also nourishes.

Classic Wellbeing Traditional

Proven and highly effective massage techniques from classic massage, foot reflexology and lymphatic drainage are individually tailored to you. All our classic wellbeing massages are performed with selected, pleasantly warm, pure natural oils, depending on whether you want to relax, rebalance or activate. The skin, muscles, tendons and fasciae are massaged with customised intensity to improve elasticity and tone. Tensions are released and the whole body is nourished with warm oil.



REBALANCE



INSPIRE



ACTIVATE

STARTER 35 min € 65,-

Ideal for massaging a selected area such as the back or legs.

RIGHT FOR ME 50 min € 85,-

Excellent for performing a partial body massage and and to relax.

I TAKE MY TIME 80 min € 125,-

The focus is placed on a full body massage and various focal points are combined.

FOOT REFLEXOLOGY 35 min € 70,-
MASSAGE 50 min € 90,-

Stimuli are applied to the reflex zones using the hand, fingers or a stick. On the one hand, this stimulates blood circulation and, on the other, has a positive reflex effect on the entire body, including organs and circulation, via nerve pathways.

LYMPHDRAINAGE 50 min € 95,-

Manual lymphatic drainage has a relaxing effect, relieves pain and promotes well-being. Very gentle, circular massage movements are characteristic and lead to relief and a special lightness of the body.

Special Wellbeing Deep Release

The deep-release massages offer a deeply effective solution for specific concerns and needs by combining various classic therapies with special techniques from the fields of fascia, cupping and detox therapy.

A variety of massage tools lead to mobilisation and the release of tension in order to achieve a new lightness. The deep-release massages are a combination of Body Intense and fascia massage techniques, which are used as required to create an optimal massage experience.

Body Intense is characterised by deeply effective and releasing strokes that provide new energy and vitality. Fascia massage frees and intensifies the tissue through deep, stroking massage strokes that improve elasticity. This leads to improved performance and mobility.



REBALANCE



ACTIVATE

QUICK WIN 35 min € 70,-

Ideal for working intensively on a selected such as the back or legs.

BIG WIN 50 min € 90,-

Wonderful for focussing on individual focus on individual areas and work on them intensively.

NEWLY BORN 80 min € 135,-

Various focal points can be combined and can be combined and worked on, leading to a holistic treatment result.

DETOX MASSAGE 80 min € 140,-

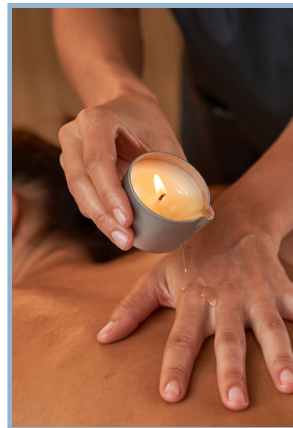
Gentle & effective. Massage cups are used with light negative pressure cups are used to tighten the skin and, alternating with stimulating massage techniques to effectively stimulate and revitalise the tissue. If required, a detoxifying honey plucking massage is also used. Ideal for cellulite or scars.

Sensational Wellbeing Enjoyment with all senses

Massage pleasure for all the senses. The massages are performed on our Entners Signature Soundmotion lounger. This extraordinary massage table stimulates your body with sound waves and vibrations. You 'hear' with your whole body. This special feature of structure-borne sound technology allows you to immerse yourself immediately in a world of deep relaxation for an unrivalled massage experience.
Unique, at Entners am See.

AROMATHERAPY CANDLES
MESSAGE RITUAL 50 min €95,-

Gentle care & deep relaxation. A relaxing massage with aromatic massage candles made from nourishing coconut oil & beeswax. The massage candle melts into a wonderfully warm oil, which is used for a deeply touching and soothing massage. Mental and physical blockages can dissolve.



REBALANCE



INSPIRE

ENTNERS SIGNATURE
SENSE MOTION
MESSAGE RITUAL 80 min €145,-

Inner balance. An extraordinary full-body ritual - specially developed by experts for our Entners guests. Gentle muscle stretches and relieving massage techniques bring lightness and relaxation to the whole body, while a reflexology foot massage revitalises all the senses. Gentle and incredibly effective.

HOT STONE
MESSAGE RITUAL 80 min €140,-

Sensitive & grounding. An unrivalled massage ritual with hot lava stones that stimulate the body's energy centres. Soothing massage strokes with warm oil and the grounding power of the stones loosen, refresh and rebalance body and mind.

Wellbeing Effects Scrubs & Wraps

TYROLEAN STONE OIL® FANGO PACK

25 min €45,-

Tension-free & deeply relaxed, with stone oil tonic from the Achensee. The perfect preparation for a deep release massage.

HONEY PAMPERING PACK

35 min €59,-

Nourishing & pampering. Perfect in combination with a peeling and a Classic Wellbeing Massage.

DETOX ALGAE PACK

35 min €59,-

Tissue-strengthening & firming. The beneficial power of algae improves blood circulation in the skin, has a firming effect and counteracts the breakdown of collagen. Ideal after sport or for body care.



SALT HERBAL PEELING MELISSA

25 min €55,-

Radiance & freshness. The alkaline salt gently cleanses and relieves the skin, which is then nourished with a soothing cream. The perfect preparation for a Classic Wellbeing Massage.

Overview of Oils



SHEA ALOE OIL =
REBALANCE

Both shea and aloe have a calming and relaxing effect and are particularly suitable for sensitive, dry skin. This oil has a regenerating and nourishing effect.



STONE OIL TONIC® =
ACTIVATE

Revitalising and tension-relieving before and after sporting activities. Particularly beneficial, especially for overstressed musculoskeletal systems and sore muscles. Obtained and produced in Tyrol, at Lake Achensee, the Tyrolean stone oil.®



SESAME OIL =
INSPIRE

Sesame oil can penetrate deep into the layers of the skin and release its important ingredients such as vitamins A and E or lecithin. It makes the skin supple, makes it glow and can protect against skin ageing thanks to its antioxidant effect.



ARNIKA OIL =
ACTIVATE

Arnica is known to promote blood circulation. It has a warming, analgesic and anti-inflammatory effect, relieves tension and prevents sore muscles.

ADVICE AND INFORMATION

For expert advice, please contact us during our opening hours
under the telephone number +43 5243/5559-181
or by e-mail at spa@entners.at.

ENTNERS SPA OPENING HOURS

LAKE SPA

Infinity Pool	June-August	7.00 a.m. - 8.00 p.m.
	September-May	8.00 a.m. - 9.00 a.m.
		3.00 p.m. - 7.00 p.m.
Lake Sauna	June-August	4.00 p.m. - 8.00 p.m.
	September-May	3.00 p.m. - 7.00 p.m.

LIVING SPA

Pool Area (Ground floor)		
Pools		7.00 a.m. - 8.00 p.m.
Family Sauna		12.00 p.m. - 8.00 p.m.
Adults Only (1st floor)		
Saunas & Steam bath	June-August	9.00 a.m. - 7.00 p.m.
	September-May	3.00 p.m. - 7.00 p.m.
Roof Terrace (2nd floor)		9.00 a.m. - 7.00 p.m.

ENTNERS BODY CULT

Spa Treatments		9.00 a.m. - 7.00 p.m. and by appointment
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In line with our commitment to environmental protection, we are doing our bit by taking conscious measures to reduce our ecological footprint. This includes the decision to adjust some of our spa opening times seasonally.

We are also happy to open the saunas earlier on request.
Please contact our reception for this.



DEUTSCHER SPA FOLDER

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ENTNERS.AT